

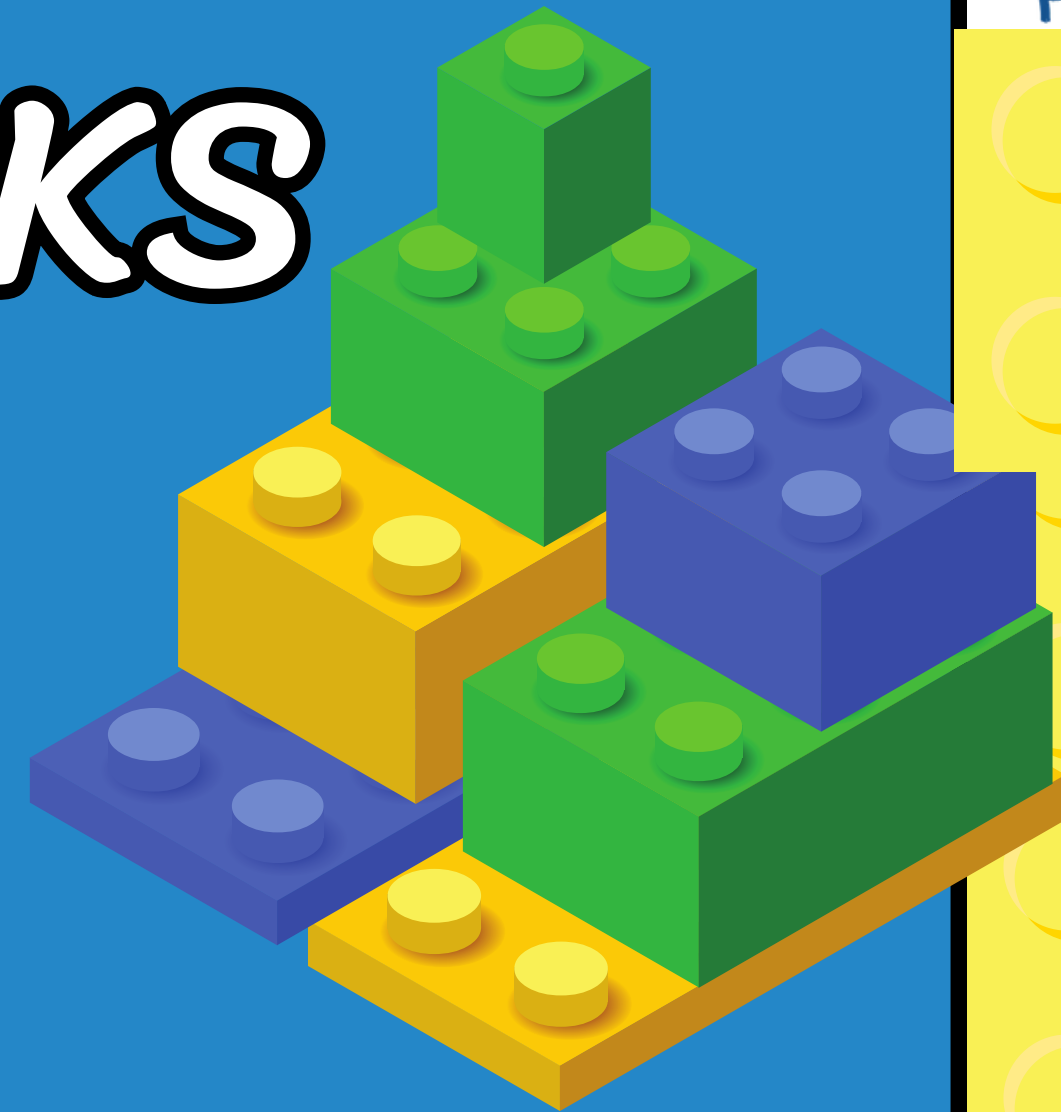


Co-funded by the
Erasmus+ Programme
of the European Union



Sunrise
project-France

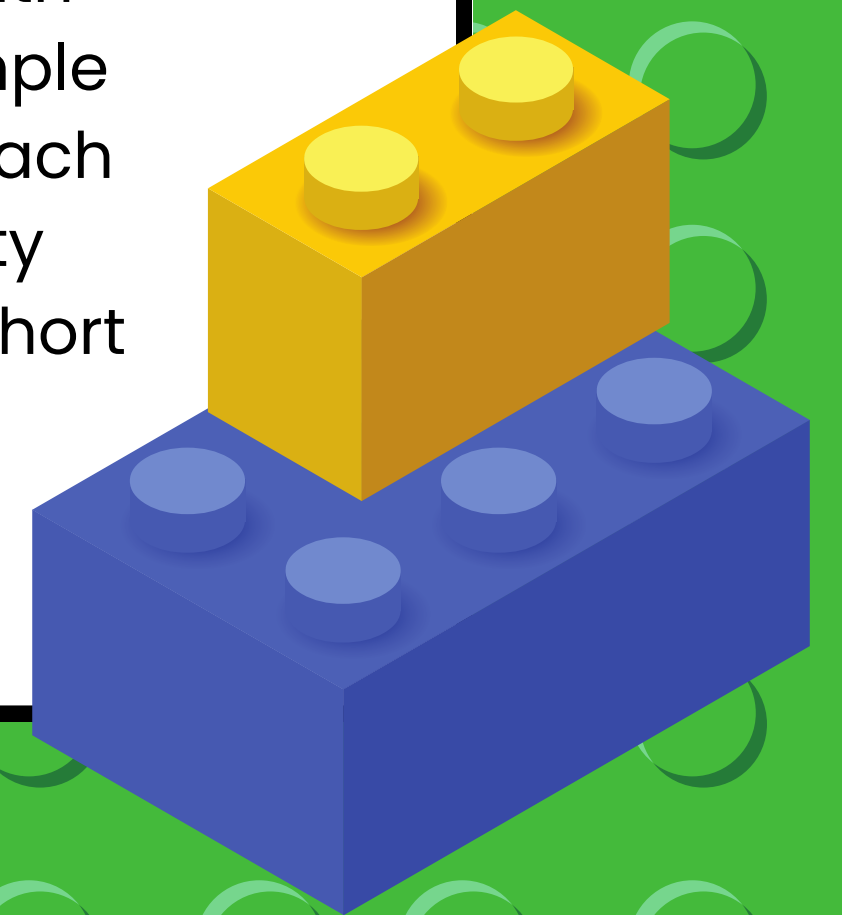
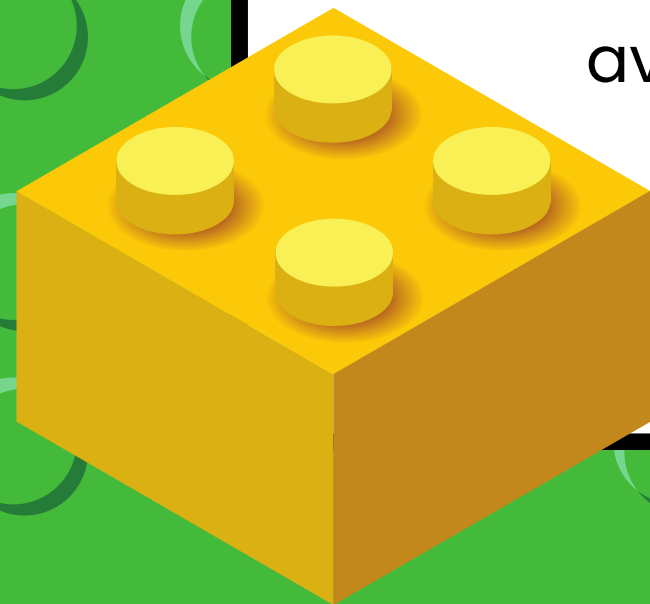
BUILDING BLOCKS OF CLIMATE CHANGE



**ERASMUS+ TRAINING COURSE
ÉTROEUNGT, FRANCE
22-30 JUNE 2026**

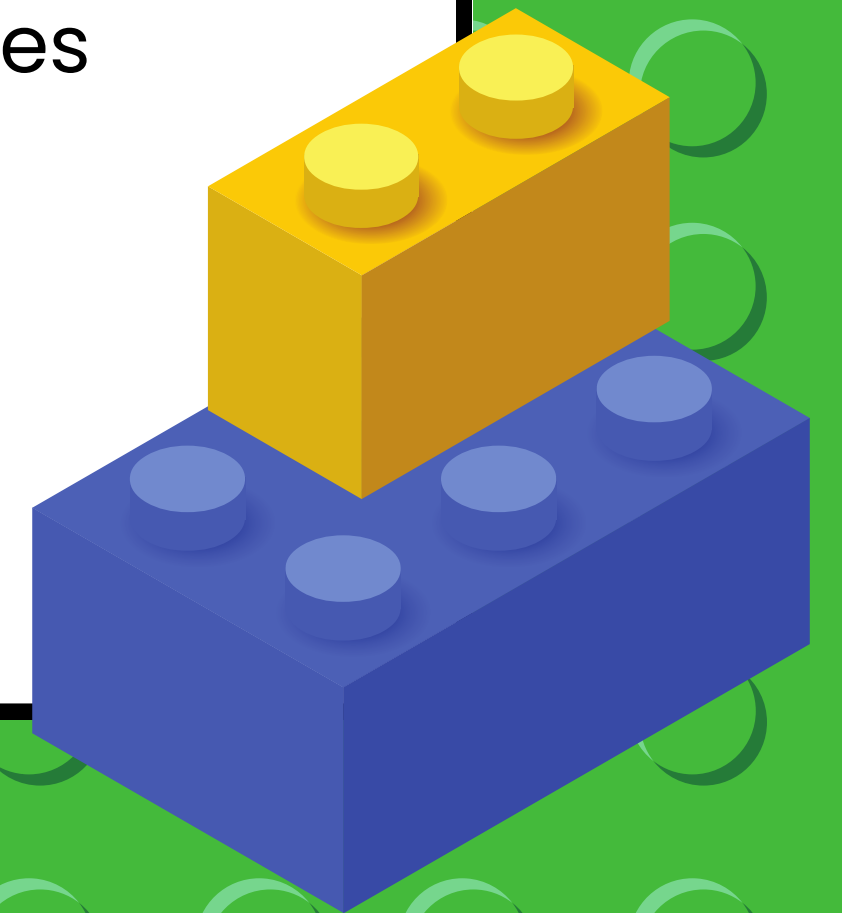
About the training course

We aim to help youth workers create and deliver engaging climate change education activities with young people, using practical methods that can be easily reused in their own organisations and community spaces. During the project, participants will work with hands-on and accessible tools such as LEGO® Serious Play®, simple branching scenarios, and cooperative game-based activities. Each country team will leave with one ready-to-use blended activity available in three formats: standard, short, and no-tech, plus a short guide for colleagues.



What you will gain from this training

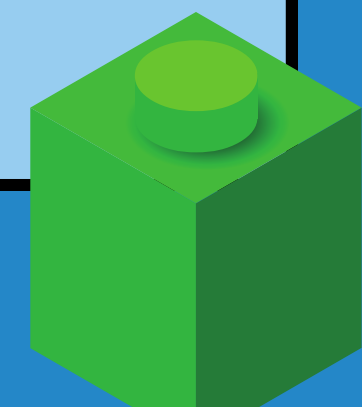
- practical methods you can use with young people
- hands-on learning through creative and interactive activities
- more confidence in facilitating group sessions
- simple tools you can use even with limited resources
- new ideas for climate change education in youth work
- international exchange with youth workers from different countries



What you will take home



- an international learning experience with youth workers from 9 different countries
- new perspectives through teamwork, group dialogue and peer exchange
- hands-on experience with LEGO® Serious Play® that can also be adapted to other educational contexts
- practical ideas for using simple digital methods in youth work
- stronger communication, facilitation and cooperation skills
- inspiration, connections and tools you can continue to use after the training



AGENDA

Day 1 getting started together

- team building
- group agreements
- Erasmus+ context
- first creative activities
 - climate topic introduction

Day 2 creative methods in practice

- hands-on activities
 - teamwork
- facilitation practice
- simple activity design
 - sharing ideas

Day 3 choices and stories

- real-life situations
 - decision making
 - scenario creation
- paper prototyping
 - peer feedback

AGENDA

D4 testing and improving

- activity development
- simple digital tools
- playtesting
- feedback and reflection
- ready-to-use materials

D5 games and dialogue

- cooperative learning
- guided discussion
- participation skills
 - small group activities
- practical tools

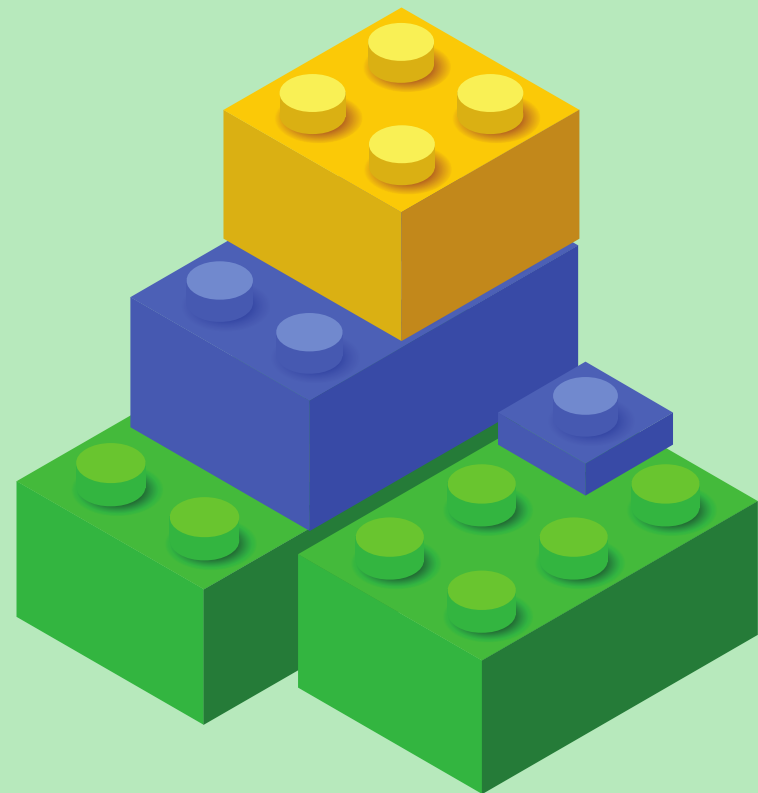
D6 building your own session

- combining methods
- adapting to different groups
- inclusion and wellbeing
- local use planning
- final preparation

D7 sharing and next steps

- presenting results
 - exchanging feedback
 - recognising learning
- planning local follow-up
- closing session

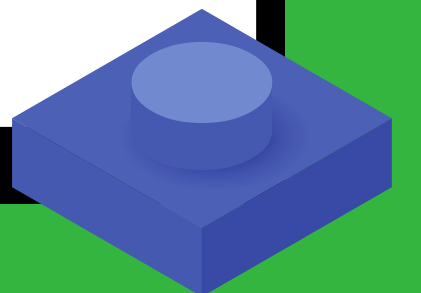
Participants



There will be 3 participants (over 18 with no upper limit). In the selection procedure, priority should be given to those with fewer opportunities. As this is a training course, the target group are youth workers and youth NGOs staff.

Gender balance is recommended for each national group. Each partner organization is responsible for creating their own national group.

All participants must be residents of the sending organization country and be able to prove this with documents upon request (mandatory for those with a different citizenship than the country they represent). Working language for the project is English.



TASKS OF THE PARTICIPANTS

During the training:

- take part in all the sessions of the schedule
- actively get involved and contribute with ideas, take initiatives
- have fun, bring joy and good vibes

Dissemination actions:

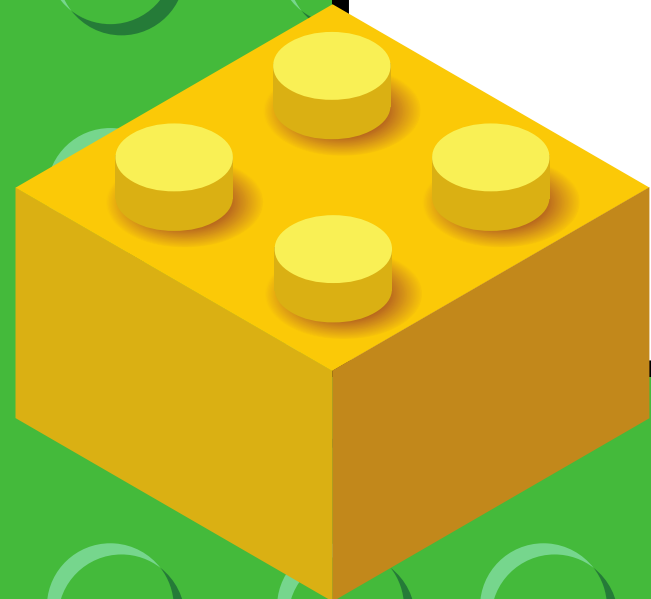
- 1 online post per participant on a personal social media platform of their choice, can be photos/videos/materials created during the mobility/ testimonials of the experience etc.
- 1 online post per national team on the social media of the organization they represent
- 1 pilot activity per national team within sixty days, run in real youth spaces and adapted to local constraints.
- any other dissemination actions are welcomed and really appreciated

Travel


To join the accomodation in Etroeungt, you first need to reach Lille in North of France. To reach Lille, you can come by:

- **Airplane (Brussels, Lille or Paris Airports)**
- **Bus (Flixbus and other companies)**
- **Train (SNCF)**

It's very important that you are in Lille at 20:45 sharp on the 22 of June as bus will pick you up to go straight to accomodation.



Maximum amount to be reimbursed per person:

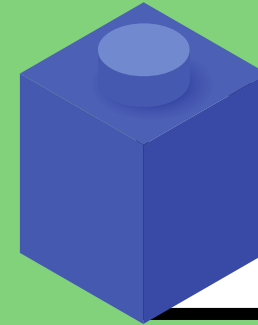
 France - 285 € - green travel

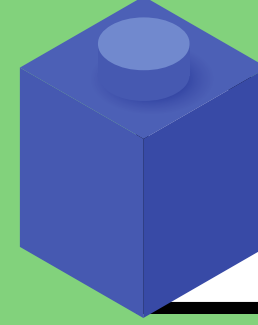
 Greece 395 €

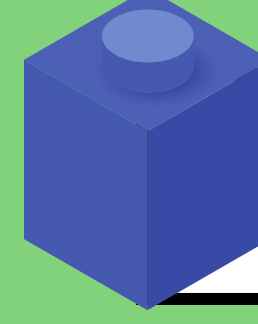
 Croatia 309 €

 Lithuania 309 €

 Türkiye 395 €

 Bulgaria 309€

 Cyprus 395 €

 Romania 309€

 Spain 309€

****45€ will be removed from the official “reimbursement budget per participant” to cover the bus transfer from Lille to Project’s location.**

Remember that this amount can be reimbursed only based on receipts and other proof of payment and that travel costs will be reimbursed on the basis of the CHEAPEST possibilities.

How to be reimbursed

- 1) Make sure all your documents are eligible based on the guidelines in this infopack.
- 2) Make sure that 1 File (.pdf) = 1 Payment (for Flights = the PDF should contain the email booking itinerary and the boarding passes connected with this booking).
Important : Filename should be formatted in such a way "[Price in €] [Provider].pdf" example: 138,23 RyanAir.pdf
- 3) Compose a new Email.
- 4) Add hello@sunriseproject.eu as the recipient.
- 5) Add "Reimbursement Request for BBCC" as Title.
- 6) Write down any comment, your bank account IBAN and the name of the bank account owner as well as the total amount you request for reimbursement based on your eligible transport documents. Please don't send any extra info except the ones requested!
- 7) Add all the transport documents to attachment (do not add the files in the email body, only in attachment please, otherwise you will have to do it again from step 3)

REIMBURSEMENT

Currency

Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate given by the French National Agency for this project.

*Reimbursement is calculated based on the distance band of the sending NGO and the location of the project. If you come from a different city than your sending NGO is located please contact us to confirm the maximum amount of reimbursement.

**45€ will be removed from the official "reimbursement budget per participant" to cover the bus transfer from Lille to Project's location.

Important!

Reimbursement will be made only after participants provide all the required documents and proof of payment and will complete their dissemination task.



Reimbursement



Business class tickets will not be reimbursed, so make sure to buy economy class. When booking your tickets, please keep in mind that either 1 cargo luggage or 1 cabin luggage are eligible for reimbursement. Any extra luggage will NOT be reimbursed as well as any luggage booked after the flight has already been booked.

Priority boarding and reserved seats are eligible for reimbursement only if ordered in a package that includes luggage and that is cheaper than ordering the luggage alone.

Taxis and private vans are NOT eligible for reimbursement.

Screenshots and Mobile format transport documents are not eligible for reimbursement except if from the beginning there is no alternative to get an A4 transport document. To contribute to environmental protection, please try to use electronic transport documents only and when possible, do your check-in online to get an A4 boarding pass in pdf format. Keep and save all your documents!

Physical documents of arrival will must be given during the training, while physical documents of departure will have to be sent by the post after the training (feel free to reunite all documents of your team and send only one envelope & VERY IMPORTANT!: take clear and good quality pictures of the documents before sending them, in case anything happens), electronic documents will need to be sent to us after the training.

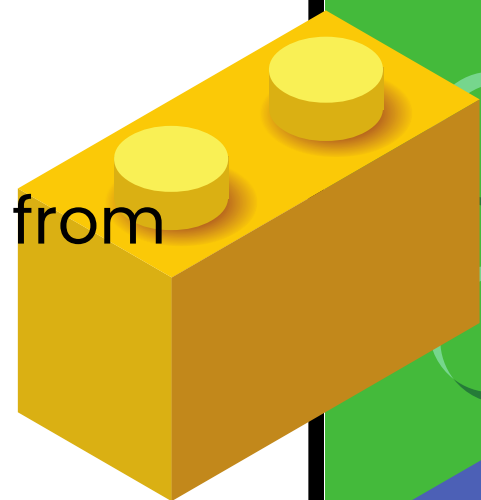
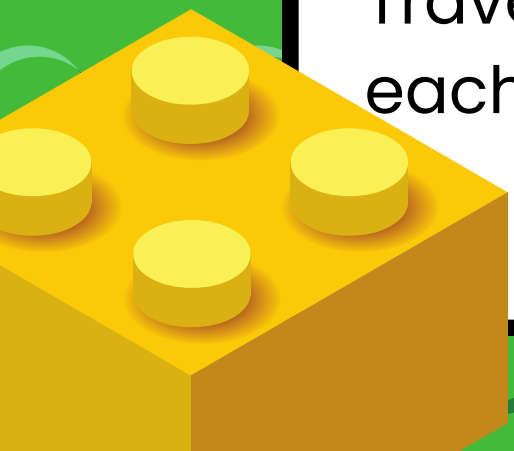
reimbursement documents

In order to receive their reimbursement, each participant should provide:

- Booking (usually a booking email, there must be price and name of the person stated on it, print the email as PDF).
- Boarding passes / Tickets (in case of loss – please get a confirmation from the airlines, that the flight was taken)
- Invoices that are considered a proof of payment and yes, even if you have a ticket, our accounting still needs an INVOICE.
 - Online Check-in should be made before your departure so you do not have to send the physical boarding pass by the post

Thus, we ask you to save all documents (ORIGINAL tickets, boarding passes, invoices or bills with the ticket price) which are related to your travel, since the documentation background is obligatory for reimbursement.

Travel costs reimbursement will be made only when all required documents are received from each national team.



Other Eligible Documents for Reimbursement:



Paris Metro ticket



Lille Metro ticket




Payment receipt

- Keep all transport documents and provide us the physical version when possible and for the documents of the way back, a proper scan in good quality of each document.
- We need to receive all documents the latest 14 calendar days after the last day of the mobility to reimburse you. All documents received after this date won't be taken into consideration.
- If documents are not provided or are provided the wrong way, they also won't be taken into consideration.
- All transports not linked with the activity won't be taken into consideration.
- Provide us only your name and your IBAN. Please send this as plain text.

Eligible Flight Documents for Reimbursement:

Required :

- 1) Flight Email Booking
- 2) Boarding Pass

AIRLINE NAME  **BOARDING PASS**

Passenger Name: JOHN DOE ① Flight Number: AA 1387 ④ Class: F ⑤ Date: 12 DEC22 Time: 0630

From: NEW YORK Seat: 54 J ⑦ Gate: S ⑨ PNR: 1234TH ②

To: PARIS Boarding Group: SSSS S/O SPTC ⑥

GROUP 4 ⑧

③

③

©SOPHIA CA TRAVEL

Physical Boarding Pass

ETKT **CARTE D'EMBARQUEMENT** **AIR FRANCE** **BOARDING PASS**

TEMPO

VOL FLIGHT	DATE	DEPART TIME	DE FROM ... A TO	EMBARQUEMENT/BOARDING PORTE/GATE	HEURE/TIME	CLASSE CLASS	SIEGE SEAT	SEQ
AF 1604 AZ 7305	03JAN	11H15	PARIS CDG 2F ROME	F31	10H35	Y	23A	053

TKNE 0552172335875

I-DESI-3033234

Lufthansa

Boarding Pass

CARLOS GUERRERO / JUAN CARLOS MR
Name

Passenger Status: 0022 Sec. no. LH-ECOSTAND Class

MEX Mexico/Juarez FRA Frankfurt 05Jan21 Date

API

LH0499 1 Terminal J26 Gate 20:30 Boarding 34D Seat

Please be at the gate at boarding time, otherwise your seat may be given away. Gate closes 15 min. prior to departure. *Please observe possible gate changes.

Baggage drop-off
Check-in counter no. 163
Until 20:05

Digital Enhancements
Download the Lufthansa App to stay up to date and receive changes related to your flight.
Have a read on your upcoming flight with the Lufthansa Journals. Download latest magazines and newspapers now.

Dangerous / prohibited goods
To ensure your safety on board it is prohibited to transport some items in your checked or in your carry-on baggage. Please find more information at: www.lufthansa.com/dangerous-goods

Important Notice:
For this air travel the Montreal Convention or the Warsaw Convention may be applicable and these Conventions limit the liability of carriers in respect of loss of or damage to baggage and for death. In the case of death or bodily injury no financial limits apply under the Montreal Convention and for European Community carriers for damage up to the equivalent of 113,100 Special Drawing Rights (SDR) carriers are liable regardless of negligence.
Carriage on Lufthansa German Airlines is subject to its conditions of carriage, tariff and other conditions.

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lufthansa.com/xx/en/protection-measures

Issued by Deutsche Lufthansa AG
Verloer Straße 151-153, D-50672 Köln
05.01.2021

CARLOS GUERRERO/JUAN CARLOS MR LH0499/05JAN L FRA BN 0022
ETKT 220 2457736706

BOARDING PASS **RYANAIR**

Please retain for production at your departure and destination airport.
VISA/PASSPORT CHECK!
ALL NON EU/EEA PASSENGERS MUST GO TO THE BAG DROP/VISA CHECK DESK BEFORE GOING THROUGH SECURITY TO HAVE THEIR TRAVEL DOCUMENT CHECKED AND BOARDING PASS STAMPED OR TRAVEL WILL BE REFUSED.

OTHER Q

YOUR NAME: FR 6681 CIA
NATIONALITY: CANADA
15 MAR 2013
EDINBURGH - ROME (CIAMPINO)
REFERENCE NO.: PLVTTMH
GATE CLOSING: 14:15
DEPT TIME: 14:45

Seq No: 15

WARNING 1 CABIN BAG ONLY - 55 X 40 X 20 CM (MAX 10 KG)
HANDBAG, BRIEFCASE, LAPTOP, SHOP PURCHASES, CAMERAS ETC. MUST BE CARRIED WITHIN YOUR 1 CABIN BAG.

Extralicensed cabin baggage will be refused at the boarding gate, or where available, placed in the hold of the aircraft for a fee of €150. If you are unsure, check at the Bag Drop desk before going through security. N.B. There is no baggage allowance (cabin or checked) associated with the purchase of an extra seat.

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Free Cancellations on many special offers

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In All Major Cities Including London, Dublin, Rome, Milan, Barcelona, Madrid, Pisa, Venice, Malaga, Amsterdam
Ask Crew For Details prices from €2, return €4

TO ADVERTISE HERE CONTACT TAD@NK-GLOBAL.COM

CHECK THE AIRPORT MONITORS FOR BAG DROP DESK + BOARDING GATE INFORMATION

IMPORTANT REMINDERS! - Please read

- Each passenger must present their valid photo ID (as specified in our General Conditions). Driving licenses are not accepted.
- Passengers with pre-booked special assistance must present this boarding pass at the airport special assistance desk and again to assistance staff at the arrival airport.
- Bag Drop desks close strictly 45 minutes before the scheduled flight departure time.
- EU Reg 261-Article 14 1-If you are denied boarding or if your flight is cancelled or delayed for at least two hours, ask at the Ryanair desk or view online the text stating your rights, particularly with regard to compensation and assistance.

PART TEAR TO HERE

AIRLINE COPY - TO BE RETAINED BY BOARDING GATE PERSONNEL

PASSENGER NAME YOUR NAME **OTHER Q**

DATE: 15 MAR 2013
FLIGHT NO.: FR 6681 DEPT TIME 14:45
Seq No: 15
M1BOUCHARDIEDOULARD PLVTTMH EDICIAFR 6681 074Y000 15 100 B

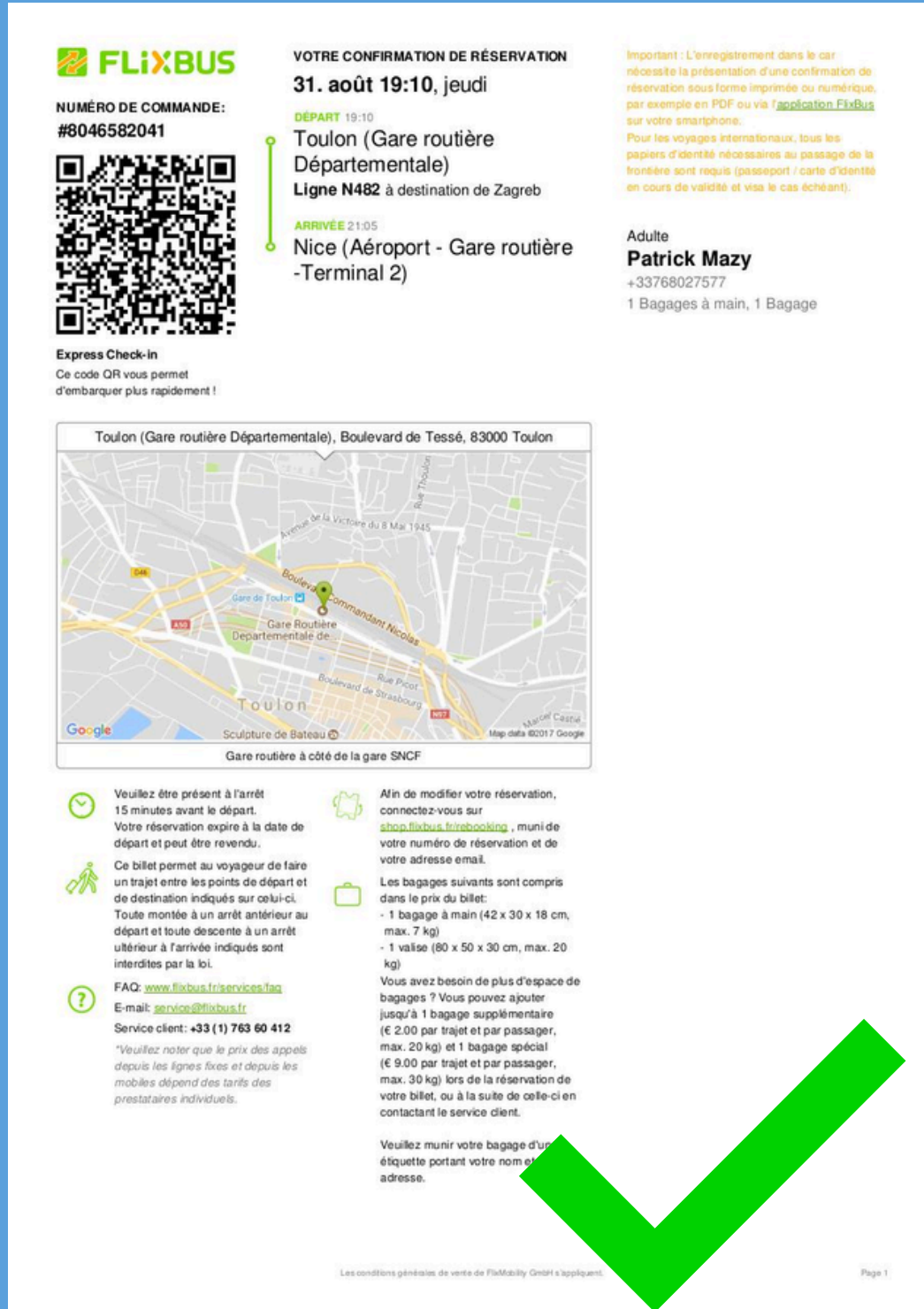
BOARDING PASS **RYANAIR**

Please retain for production at your departure and destination airport.
VISA/PASSPORT CHECK!
ALL NON EU/EEA PASSENGERS MUST GO TO THE BAG DROP/VISA CHECK DESK BEFORE GOING THROUGH SECURITY TO HAVE THEIR TRAVEL DOCUMENT CHECKED AND BOARDING PASS STAMPED OR TRAVEL WILL BE REFUSED.

A4 Boarding Pass (PDF only, JPG are not accepted)

Flight email booking showing location of departure and arrival, date and time of flight(s), identity of passengers and cost.

Eligible Bus and train Documents for Reimbursement:



FLIXBUS

NUMÉRO DE COMMANDE: #8046582041

VOTRE CONFIRMATION DE RÉSERVATION
31. août 19:10, jeudi

DEPART 19:10
Toulon (Gare routière Départementale)
Ligne N482 à destination de Zagreb

ARRIVÉE 21:05
Nice (Aéroport - Gare routière - Terminal 2)

Adulte
Patrick Mazy
+33768027577
1 Bagages à main, 1 Bagage

Important : L'enregistrement dans le car nécessite la présentation d'une confirmation de réservation sous forme imprimée ou numérique, par exemple en PDF ou via l'application FlixBus sur votre smartphone.
Pour les voyages internationaux, tous les papiers d'identité nécessaires au passage de la frontière sont requis (passport / carte d'identité en cours de validité et visa le cas échéant).

Express Check-in
Ce code QR vous permet d'embarquer plus rapidement!

Toulon (Gare routière Départementale), Boulevard de Tessé, 83000 Toulon

Veuillez être présent à l'arrêt 15 minutes avant le départ. Votre réservation expire à la date de départ et peut être revendue.

Ce billet permet au voyageur de faire un trajet entre les points de départ et de destination indiqués sur celui-ci. Toute montée à un arrêt antérieur au départ et toute descente à un arrêt ultérieur à l'arrivée indiqués sont interdites par la loi.

FAQ: www.flixbus.fr/services/faq
E-mail: service@flixbus.fr
Service client: +33 (1) 763 60 412

*Veuillez noter que le prix des appels depuis les lignes fixes et depuis les mobiles dépend des tarifs des prestataires individuels.

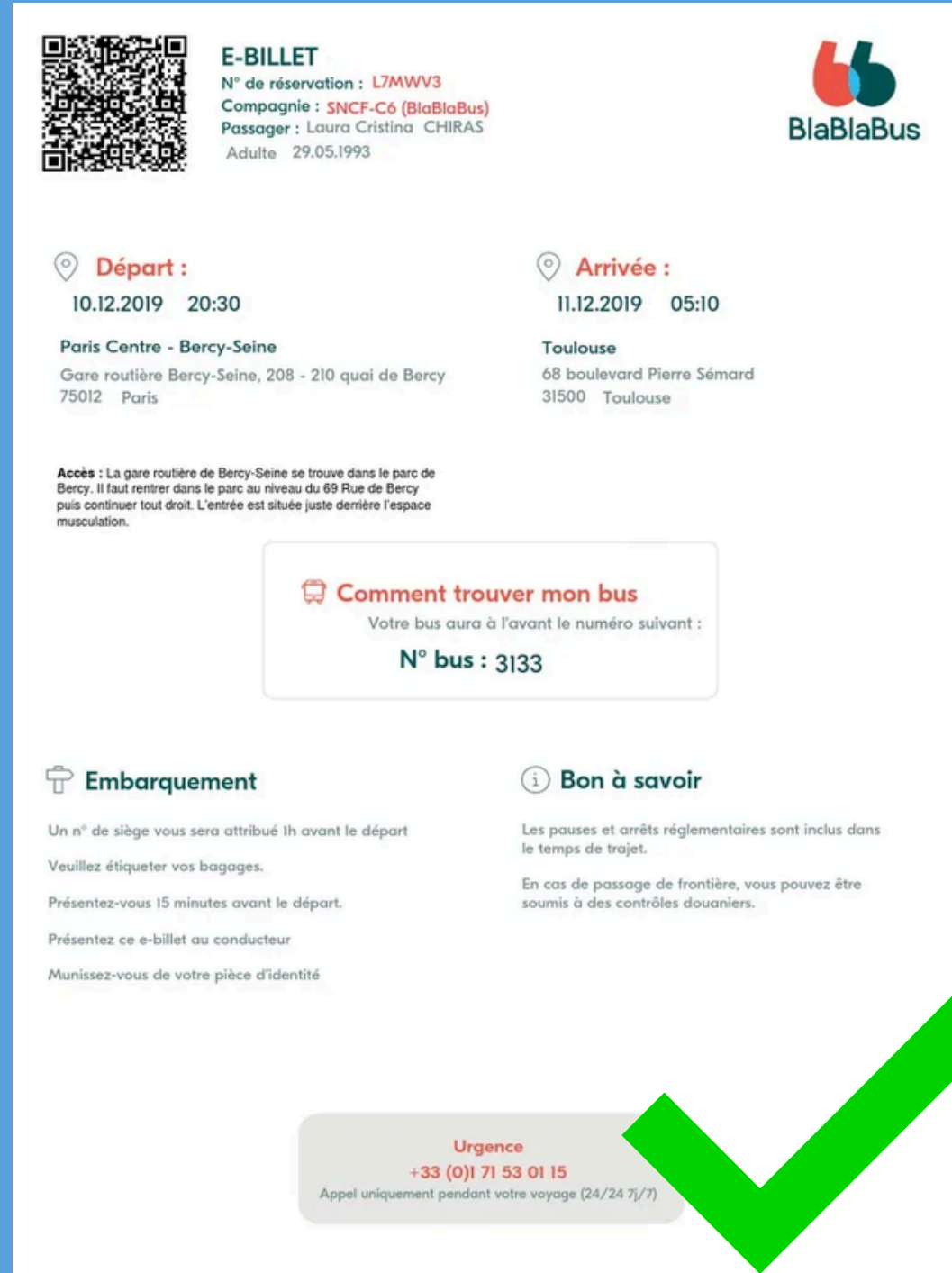
Afin de modifier votre réservation, connectez-vous sur shop.flixbus.fr/booking, muni de votre numéro de réservation et de votre adresse email.

Les bagages suivants sont compris dans le prix du billet:
- 1 bagage à main (42 x 30 x 18 cm, max. 7 kg)
- 1 valise (80 x 50 x 30 cm, max. 20 kg)

Vous avez besoin de plus d'espace de bagages? Vous pouvez ajouter jusqu'à 1 bagage supplémentaire (€ 2,00 par trajet et par passager, max. 20 kg) et 1 bagage spécial (€ 9,00 par trajet et par passager, max. 30 kg) lors de la réservation de votre billet, ou à la suite de celle-ci en contactant le service client.

Veuillez munir votre bagage d'une étiquette portant votre nom et adresse.

Les conditions générales de vente de FlixBus GmbH s'appliquent.

E-BILLET

N° de réservation : L7MWV3
Compagnie : **SNCF-C6 (BlaBlaBus)**
Passager : Laura Cristina CHIRAS
Adulte 29.05.1993

BlablaBus

Départ : 10.12.2019 20:30
Paris Centre - Bercy-Seine
Gare routière Bercy-Seine, 208 - 210 quai de Bercy 75012 Paris

Arrivée : 11.12.2019 05:10
Toulouse
68 boulevard Pierre Sémard 31500 Toulouse

Accès : La gare routière de Bercy-Seine se trouve dans le parc de Bercy. Il faut rentrer dans le parc au niveau du 69 Rue de Bercy puis continuer tout droit. L'entrée est située juste derrière l'espace musculation.

Comment trouver mon bus
Votre bus aura à l'avant le numéro suivant :
N° bus : 3133

Embarquement
Un n° de siège vous sera attribué 1h avant le départ
Veuillez étiqueter vos bagages.
Présentez-vous 15 minutes avant le départ.
Présentez ce e-billet au conducteur
Munissez-vous de votre pièce d'identité

Bon à savoir
Les pauses et arrêts réglementaires sont inclus dans le temps de trajet.
En cas de passage de frontière, vous pouvez être soumis à des contrôles douaniers.

Urgence
+33 (0)1 71 53 01 15
Appel uniquement pendant votre voyage (24/24 7j/7)




BILLET à composer avant l'accès au train

PARIS GARE LYON → ORANGE

LAM/BENJAMIN
01 ADULTE
30840601000821724

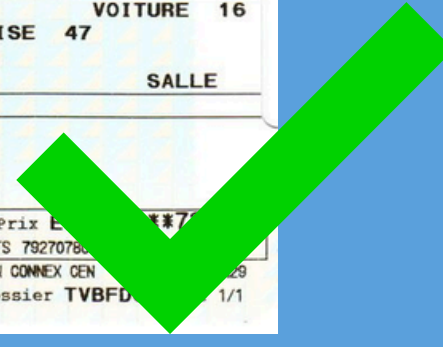
Départ 21/06 à 09H46 de PARIS GARE LYON
Arriv. à 13H01 à ORANGE
PERIODE DE POINTE TGV 6193
LOISIR-EGV/REMB AVANT DEPART-PAVANT LE JOUR DU DEPART

Classe 2
PLACE ASSISE 47
01FENETRE
SALLE

Départ à de ***
Arriv. à à

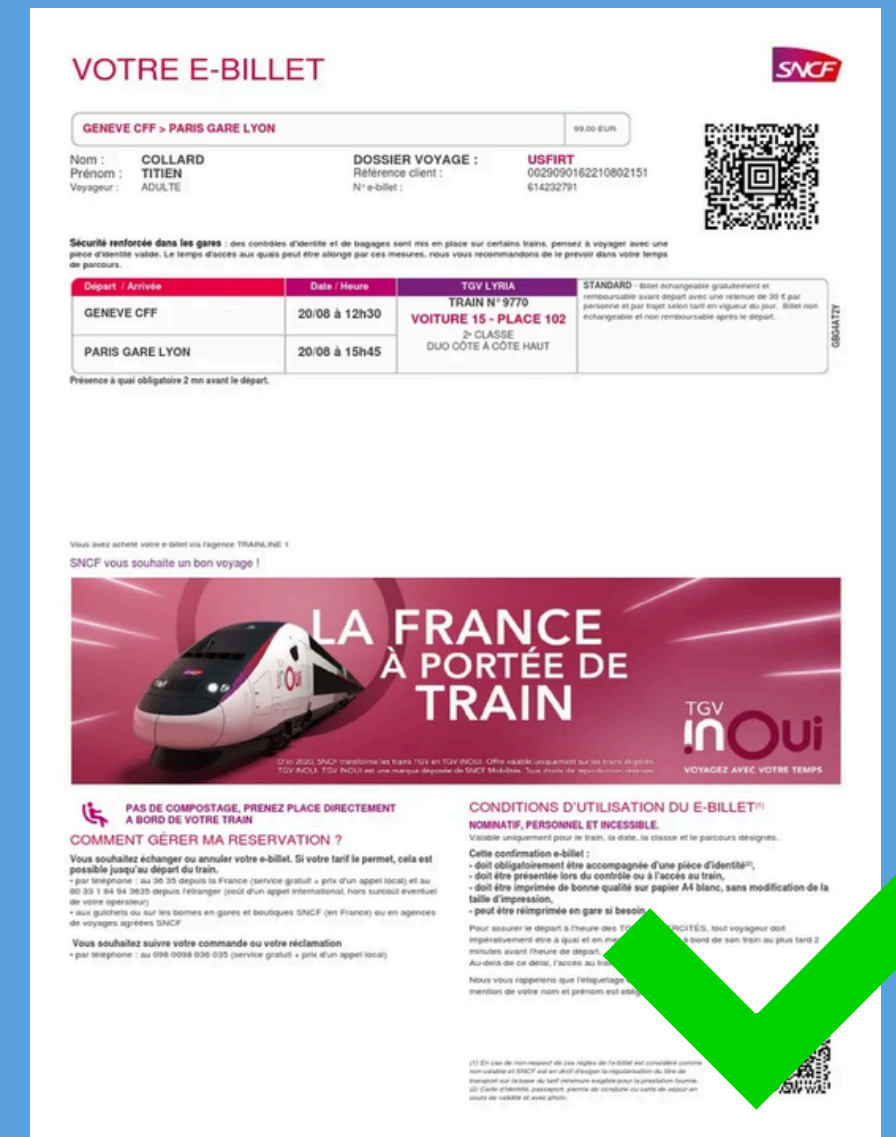
Prix par voyageur : 73.00
BH PR11 872243543255 73.00 KM0720 PP DV 224354325 TS 7927076

08700702558496



Physical Train Boarding Pass

OR



VOTRE E-BILLET

GENEVE CFF - PARIS GARE LYON 99.00 EUR

Nom : COLLARD
Prénom : TITINI
Voyageur : ADULTE

DOSSIER VOYAGE : USFIRT
Référence client : 0029090162210802151
N° e-billet : 614232791

Sécurité renforcée dans les gares : des contrôles d'identité et de bagages sont mis en place sur certains trains, permettez à l'avance de vous munir d'une pièce d'identité valide. Le temps d'attente aux quais peut être allongé par ces mesures. Nous vous recommandons de le prévoir dans votre temps de parcours.

Départ / Arrivée	Date / Heure	TGV LYRIA	STANDARD
GENEVE CFF	20/08 à 12h30	TRAIN N° 9770	Billet échangeable gratuitement et remboursable avant départ avec une retenue de 30 € par passager et par trajet selon tarif en vigueur au jour. Billet non échangeable et non remboursable après le départ.
PARIS GARE LYON	20/08 à 15h45	VOITURE 15 - PLACE 102 DUO CÔTE À CÔTE HAUT	

Présence à quel obligatoire 2 mn avant le départ.

Vous avez acheté votre e-billet via l'application TRAINLINE ?
SNCF vous souhaite un bon voyage !

LA FRANCE À PORTÉE DE TRAIN

TGV inOui

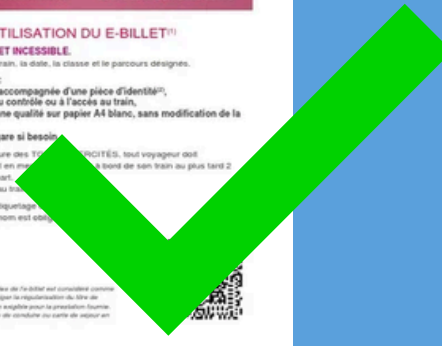
PAS DE COMPOSTAGE, PRENEZ PLACE DIRECTEMENT A BORD DE VOTRE TRAIN

COMMENT GÉRER MA RÉSERVATION ?
Vous souhaitez échanger ou annuler votre e-billet. Si votre tarif le permet, cela est possible jusqu'au départ du train.
- par téléphone : au 09 30 30 depuis la France (service gratuit + prix d'un appel local) et au 00 33 1 84 34 3635 depuis l'étranger (coût d'un appel international, hors surcoût éventuel de votre opérateur)
- aux guichets ou sur les bornes en gares et boutiques SNCF (en France) ou en agences de voyages agréées SNCF

Vous souhaitez suivre votre commande ou votre réclamation
- par téléphone : au 098 0008 0300 (service gratuit + prix d'un appel local)

CONDITIONS D'UTILISATION DU E-BILLET
NOMINATIF, PERSONNEL ET INCESSIBLE.
Valable uniquement pour le train, la date, la classe et le parcours désignés.
Cette confirmation e-billet :
- doit obligatoirement être accompagnée d'une pièce d'identité;
- doit être présentée lors du contrôle ou à l'accès au train;
- doit être imprimée de bonne qualité sur papier A4 blanc, sans modification de la taille d'impression;
- peut être réimprimée en gare si besoin.

Pour assurer le départ à l'heure des TGV inOui, tout voyageur doit impérativement être à quai et en possession de son billet de train au plus tard 5 minutes avant l'heure de départ.
Au-delà de ce délai, l'accès au train est refusé.
Nous vous remercions que l'équipage et le personnel de votre train et prénom est visible sur votre billet.



Showing Price, Passengers and Trip info (PDF only, JPG are not accepted)

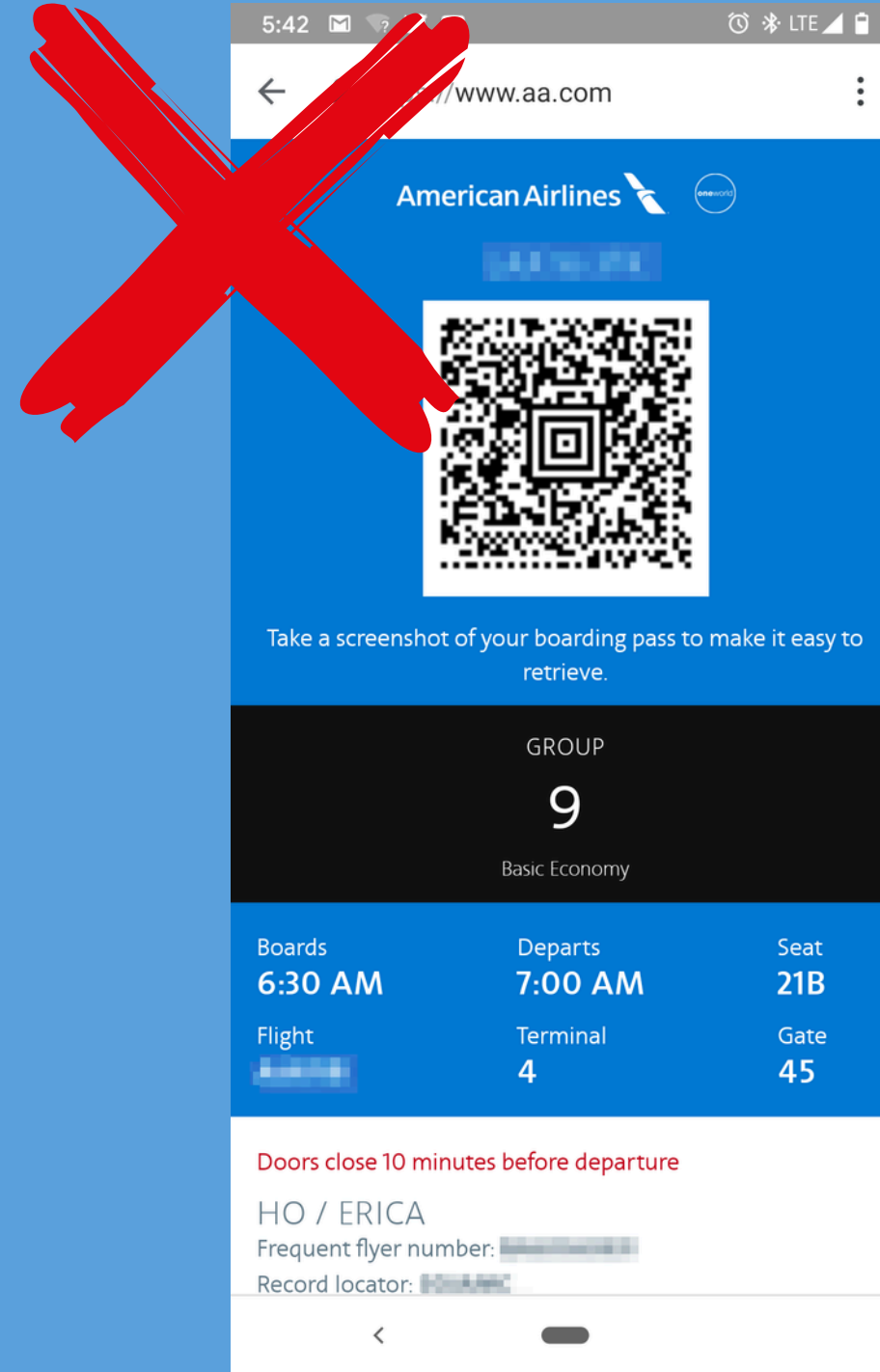
Showing Price, Passengers and Trip info. If it doesn't show price, please provide also booking email. (PDF only, JPG are not accepted)

A4 Boarding Pass (PDF only, JPG are not accepted)

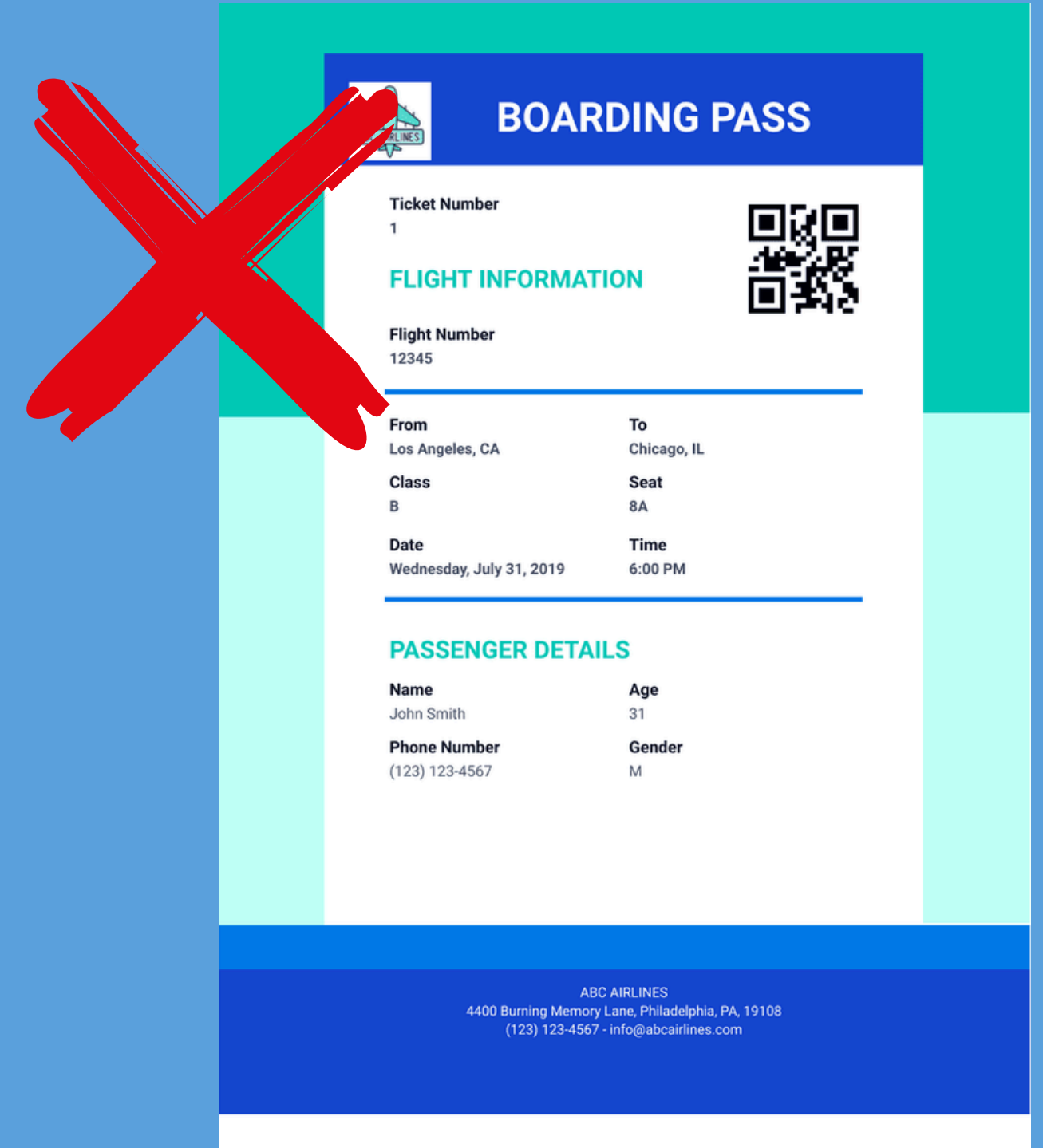
Not eligible Flight Documents for Reimbursement:



Bad quality photo showing hand and background.
Solution : Use a scanner, give in hands or send by the Post.



Screenshot on Phone.
Solution : Don't take screenshot with Phone.



Boarding Pass in Phone App.
Solution : Use a computer to generate the Boarding Pass.

INSURANCE & OTHER COSTS

Keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). The hosting organization takes no responsibility for the insurance. Make sure you have travel insurance valid for France during the entire activity or travel period. We advise you to travel with your European Health Insurance Card (EHIC) if you come from a European Union member state.

The hosting organisation will not cover any medical costs. There is no participation fee for the project.

Not Eligible TRANSPORT

Documents for Reimbursement:



Mobile phone or computer screenshot



Mobile phone App Boarding Pass



Invoice



JPG/PNG converted to PDF

The Accomodation



- Gîte Rural, 17 Rue du Moulin, 59219 Étrœungt
- 50 beds, 1 Industrial kitchen, 2 big Bathrooms
- No WIFI
- Bed sheets are provided
- You need to bring towels and hygiene items
- 3 Meals a day* and coffee breaks provided

*Only dinner on the 22nd
and breakfast on the 30th

For any question, remark, suggestion, comment:

hello@sunriseproject.eu

**We can't wait to
meet you =)**

